



# ***WORRIED ABOUT THE AGE CHANGE?***

YOU'RE NOT ALONE — WE'VE  
PLANNED FOR THIS.

## ***PLAYER EXCEPTIONS ARE AVAILABLE AT FURMAN***



**US  
YOUTH  
SOCCER**

# *WHAT'S CHANGING?*

U.S. SOCCER IS MOVING TO AN  
AUGUST 1- JULY 31 BIRTH-YEAR CYCLE  
FOR AGE GROUPS.

THIS REPLACES THE OLD CALENDAR-  
YEAR SYSTEM.



***Q: DOES MY CHILD HAVE  
TO TRY OUT IN THEIR NEW  
AGE GROUPS?***

**A: YES. ALL PLAYERS ARE  
EXPECTED TO TRY OUT WITHIN  
THEIR MANDATED AGE GROUP  
UNDER THE NEW RULES.**



# ***Q: ARE EXCEPTIONS PERMITTED?***

**A: YES, BUT ONLY IN SPECIFIC DEVELOPMENTAL CIRCUMSTANCES.**

**ALL EXCEPTIONS MUST:**

- **BE RECOMMENDED BY THE COACH AND DIRECTOR OF COACHING (DOC)**



# *EXCEPTION 1: ELITE-PLAYER PLAYING UP*

A PLAYER WHO IS ALREADY AN ELITE LEVEL PLAYER AND HAS BEEN COMPETING UP AN AGE GROUP MAY BE CONSIDERED TO CONTINUE PLAYING UP, AS IT SUPPORTS DEVELOPMENT AND TEAM BALANCE.



# ***EXCEPTION 2: SCHOOL GRADE ALIGNMENT***

IF A PLAYER'S BIRTH DATE PLACES THEM IN A YOUNGER AGE GROUP THAN THEIR SCHOOL GRADE, THE SITUATION WILL BE REVIEWED INDIVIDUALLY TO KEEP PLAYERS ALIGNED WITH THEIR GRADE-LEVEL PEERS WHEN POSSIBLE.



# ***EXCEPTION 3: PLAYER TOO ADVANCED FOR THE YOUNGER GROUP***

IF A PLAYER AGES DOWN BUT IS CLEARLY TOO STRONG OR ADVANCED FOR THE YOUNGER GROUP, AN EXEMPTION MAY BE CONSIDERED SO THE PLAYER REMAINS PROPERLY CHALLENGED.



# *Q. WHO DO I CONTACT WITH QUESTIONS?*

DON'T HESITATE TO GET IN TOUCH WITH  
OUR TEAM

[UNITEDFCFURMAN@SOCCEROFFICE.COM](mailto:UNITEDFCFURMAN@SOCCEROFFICE.COM)



# AGE GROUP CHART

STARTING FALL 2026

18U	AUGUST 1, 2008 – JULY 31, 2009
17U	AUGUST 1, 2009 – JULY 31, 2010
16U	AUGUST 1, 2010 – JULY 31, 2011
15U	AUGUST 1, 2011 – JULY 31, 2012
14U	AUGUST 1, 2012 – JULY 31, 2013
13U	AUGUST 1, 2013 – JULY 31, 2014
12U	AUGUST 1, 2014 – JULY 31, 2015
11U	AUGUST 1, 2015 – JULY 31, 2016
10U	AUGUST 1, 2016 – JULY 31, 2017
9U	AUGUST 1, 2017 – JULY 31, 2018
8U	AUGUST 1, 2018 – JULY 31, 2019
7U	AUGUST 1, 2019 – JULY 31, 2020
6U	AUGUST 1, 2020 – JULY 31, 2021



**US**  
**YOUTH**  
**SOCCER**

